



NOMADS TIDE

March 2014



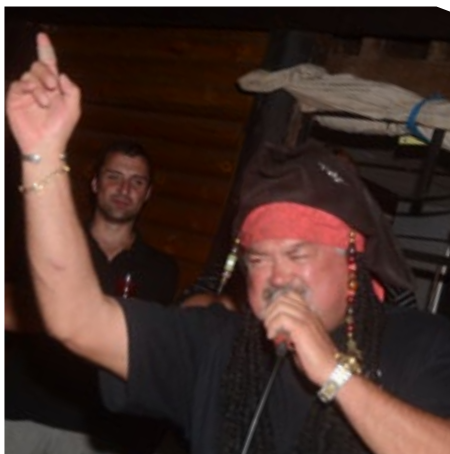
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From the Helm



And I thought life was peeling line at a rate of knots at the end of last year....? Well it appears that we'll have to step up a line class and increase the drag if we want to slow things down a bit this year.

Behind the scenes, your committee have been creative, innovative and motivated to plan a good year, for this year and into the future. They have my full support and I ask that you

give them every bit of assistance to enable them to achieve their goals with the least bit of stress.

So far this year Nomads has had a productive and successful period. Our fellow anglers have represented Nomads at interclubs, represented the province at Interprovincials and we had an awesome, awesome gala evening and prize giving, and we are full steam ahead in team building to win the upcoming Rosebowl Interclub, to ensure that the Rosebowl Trophy stays where it belongs – in the Nomads Trophy cabinet! All this in-between planning several Nomads competitions as well! Let's keep the momentum up and all join in on the activities.

The Rosebowl is obviously stealing the lime light at the moment however I believe that the Nomads Closed at Cape Vidal later on in the year is going to be the highlight of the Nomads year. The planning and thought that has gone into this is revolutionary for Nomads and I sincerely think that this competition is going to set the benchmark for future closed competitions. Look out for further announcements in this regard, it is not to be missed.

It has been absolutely soul satisfying to see such a mixed bag of members at our socials, ballies and laaities and it is this fantastic mix of enthusiasm that makes Nomads such a pleasure to be part of.

Until next time, tight lines – but not too tight.

Dave Martin
Nomads Chairman

Catch it on Cam



Save the Date

Important Nomads dates to remember

23 – 28 March 2014

SGDSAA Interclub "Rosebowl" Comp
Sodwana Bay

19-21 June 2014

Nomads Winter Comp at Shelly Beach

13-17 October 2014

Nomads Closed at Cape Vidal



'The underlying spirit of angling is that the skill of the angler is pitted against the instinct and strength of the fish and that the latter is entitled to an even chance for its life'

From The Tuna Club, Avalon, Santa Catalina, USA

SGDAA - Office Holders For 2014/15

Chairman	Jaco Lingenvelder	Makaira
Vice Chairman	Jan Hofman	Guinjata
Treasurer	Johan Lange	Makaira
Secretary	Lynette Adams	Erbfc/Tsc/ Nomads/ Guinjata
Safety	Frank De Oliveira	Erbfc
Deputy Assistant Exco	Wynand Wiering	Nomads
Records	All Club Chairmen	
Assistant Records	Nick Van Zyl	Makaira
Clothing	Grant Estman	Nomads
	Lynette Adams	Nomads
	(Fishing Shirts Only)	
	Johan Lange	Makaira
	(Dress Shirts Columbia)	
Selection Convenor	Lynette Adams	Nomads
Protea Selector 1	Dave Martin	Nomads
Protea Selector 2	Eric Visser	

Your Nomads Committee

Chairman:	Dave Martin
Vice:	Wynand Wiering
Secretary:	Ian van Zyl
Finance:	Ivor Matthee
Safety:	Wynand Wiering
Competitions:	Graham Morgan
Records:	Ian van Zyl
Development:	Mitchell Moore
	Kevin Allardyce
Interclubs:	Alex Lockyer
Webmaster:	Ian van Zyl
Club manager:	Werner van Rooyen
Club Captain:	Mitchell Moore
Clothing & Equipment:	Colin Green
	Werner van Rooyen

PRO/Socials/Fundraising/ Membership:

Mark Cockcroft
Tyron Gruar
Kevin Allardyce

Club Delegates	Erbfc	Neil Coetzee
	Guinjata	Jan Hoffman
	Nomads	Dave Martin
	Makaira	C P Barnard
	Tsc	Richard Hartley
	Albatross	Sarel Allers

Club Selectors	Erbfc	Neil Coetzee
	Guinjata	Paddy Venske
	Nomads	Wynand Wiering
	Makaira	Jaco Lingenvelder
	Tsc	Richard Hartley
	Albatross	Sarel Allers

Delegate To SADSAA	Jaco Lingenvelder
Development To SADSAA	Neil Coetzee



SADSAA Calendar

MARCH	22-23	Interzonal (Natal Champs) - Pennington
	22-23	Umlalazi Cuda Classic
	24-28	Sgdsaa Interclub (Rosebowl) - Sodwana Bay
	29-30	Durban Skiboat Club Interclub
	21-23	St Lucia Club Species Competition
APRIL	31/3-5/4	Junior Nationals Sadsaa E.Prov - Jeffreys Bay
	14-18	Mapelane Billfish Classic
	17-20	Richard Bay Fishing Bonanza
	19-20	Hibberdene Cuta Classic
	26 27	Port Edward Skiboat Club Competition
	26 27	Durban Skiboat Club Festival
	28 - 1 May TBA	Free State Bottom Fish Interclub - Jeffrey's Bay Jeffrey's Bay - Vang 'N Tunny
MAY	1-3	East London Ski-Boat Club Bonanza
	05-09	All Inland & Oet Club Championships
	11	Dsbc Junior Day
	12-17	Sadsaa Tuna Nationals Hout Bay - W.Prov
	16-18	Richards Bay Gamefish Interclub
	17-18	Umhlanga Prestige Interclub
	17-18	Gonubie/Kwelera Intrclub
	23-25	Mapelane Trophy & Zululand Interclub
	31ST	Gonubie Interclub
	31-1/6	Zinkwazi Interclub
TBA	Pedsac - Tuna Classic	
JUNE	8-13	Guinjata Species Bonanza
	14-15	Port Edward Interclub
	13-16	Meerensee 21 Species
	21-22	Abbott Van Rooyen Snoek Derby
	27-29	Richards Bay Junior Development
JULY	02 05	Shelly Beach Mallards Mercury Festival
	04-06	Mapelane Junior Interclub
	04-06	Richards Bay Ladies Interclub
	7-11	Hoedspruit Dsaa Juniors - Sodwana
	15-17	Richards Bay Bottomfish Interclub
	26-27 TBA	Warnadoone Interclub Port St Francis Tuna & Marlin Classic
AUG	8-10	All Coastals - Gonubie
	6-9	Bottom Fish Interprovincial - Kleinbaai
	15-17	Richards Bay Bottom Fish Interclub
SEPT	23-28	Bottomfish Nationals Durban Rod And Reel
	TBA	Ntvl Sailfish Interprovincial - Sodwana Bay
OCT	13-17TH	Nomads Closed - Cape Vidal
	21-15	Cape Boat Competition
NOV	3-7	Oet Billfish And Gamefish Bonanza -Sodwana Bay
	10-14	Billfish 15 000 - Sodwana Bay
	17-21	Tri Facet Championships- Sodwana Bay
DEC	TBA	Port Alfred Christmas Classic

A warm welcome to our new Nomads members!



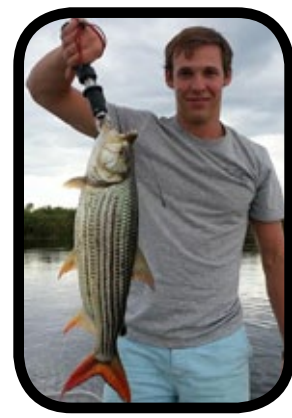
Wouter Engelbrecht



Gary Myburgh



Brett Kent



Brad Smith



Barry Hewstone



Wade Martin



Rowan Bauer



Jordan Henderson

Nomads 2013 Prize Giving



Nomads Competition Winners

Southern Gauteng Interclub - Sodwana Bay

Top Angler Bronze	Eric Abrams - 58.32 Points
Top Angler Silver	Magriet nel - 284.44 Points
Top Angler Gold	Grant Estman - 525.93 Points
Top Skipper/Boat Bronze	Dave Martin - Gaffer Dog - 284.44 Points
Top Skipper/Boat Silver	Leon Nel - My Dream - 284.44 Points
Top Skipper/Boat Gold	Grant Estman - Gaffit - 525.93 Points



Nomads Closed - Ponta do Ouro

Top Angler Bronze	Wouter Engelbrecht - 246.12 Points
Top Angler Silver	Dave Martin - 249.41 Points
Top Angler Gold	Jurg Schultz - 472.60 Points
Top Skipper/Boat Bronze	Pieter Range -Shaya lo Manzi -594.93 Points
Top Skipper/Boat Silver	Dave Martin - Gaffer Dog - 601.07 Points
Top Skipper/Boat Gold	Mitchell Moore -Nauti Boy -1067.40 Points



Awards For Tag, Tip & Release Billfish

Wouter Engelbrecht	Sailfish On 10Kg Line - Ponto Do Ouro
Grant Estman	Blue Marlin - Sodwana Bay
Leon Nel	Sailfish On 10Kg Line - Ponto Do Ouro
Magriet Nel	Sailfish On 6Kg Line - Sodwana Bay
Dave Martin	Sailfish On 10Kg Line - Ponto Do Ouro
Dave Martin	Sailfish On 6Kg Line - Sodwana Bay





Nomads Prize Giving - 7th March 2014

Congratulations to all Nomads members who received awards

Nomads Certificate For Released Billfish

Alta Andrin	1 Blue Marlin - Richards Bay
Mark Cockroft	1 Sailfish - Zinkwazi
Grant Estman	2 Marlin - Sodwana Bay & Richards Bay
Mike Green	1 Sailfish - Coconut Bay
Danie Jacobs	1 Blue Marlin - Mapelane
Dave Martin	1 Sailfish - Ponto Do Ouro
Mitchell Moore	1 Blue Marlin - Richards Bay
Jurg Schultz	1 Blue Marlin - Richards Bay
Graham Morgan	3 Marlin - Richards Bay
Jurg Schultz	2 Sailfish - Ponta Do Ouro
Paul Veheul	1 Marlin - Richards Bay
Wynand Wiering	48 Pacific Sailfish - Costa Rica & Guatemala

Protea Anglers

Trevor Spence	Protea - Mexico
Wynand Wiering	Protea - Costa Rica. Protea (Capt) Guatemala

SADSAA Sailfish Nationals

Tig Andrin	SADSAA - Sailfish National
Friedel Kirstein	SADSAA - Sailfish National



Nomads Prize Giving

Nomads Floating Trophies

Sally Greening Trophy 1st released Marlin	Grant Estman - Sodwana Bay
Anglers Corner Trophy 1st released Sailfish	Magriet Nel - Sodwana Bay
Herbert Green Trophy Most Meritorius Billfish	Grant Estman - Sodwana Bay
J&C Blake Trophy Most Meritorius Gamefish	Eric Abrams. 13.5Kg Yellowfin Tuna on 10Kg line - Ponta do Ouro
Dave & Lynn McMillan Trophy Most Meritorius Cuda	Mark Cockroft - 10,6Kg Cuda on 10kg Line - Ponta do Ouro
Anglers Taxi Trophy Most Meritorius Dorado	Tyron Gruar - 12Kg Dorado on 10Kg Line - Sodwana Bay
Dave & Lynn McMillan Trophy Most Meritorius Tuna	Eric Abrams - 13.5Kg Yellowfin Tuna on 10Kg line - Ponta do Ouro
Albert Millar Trophy Most Species in Any One Competition	Wouter Engelbrecht - 3 Species - 246,12 Points - Ponta do Ouro
Total Holiday Inn Trophy Lady Angler of the Year	Magriet Nel - 312.09 Points
Hans Bonarius Trophy Angler of the Year	Grant Estman - 525.93 Points
Mercury Outboard Trophy Top Skipper/Boat of the year	Mitchell Moore - Nauti Boy - 1067,40 Points
Peter Henderson Trophy Top Angler in Development Competition/Most upcoming Angler	Wouter Engelbrecht
Leon de Beer Trophy Most successful Billfish Angler Throughout the year	Wynand Wiering
Ivanhoe Trophy Nomads Member who contributed the most to Deep Sea Angling	Leon Nel



The following received certificates in recognition of being Nomads members for 25 years & over



Gamefish Interprovincial Report

This competition was fished at Shelly Beach from 20-23 February 2014

The first day was unfortunately a blowout. The second day we drew the boat "Half A Dozen" with Rob Gemmel (Chairman of Pennington Ski Boat Club) as our skipper. *Rob has six children hence the name Half A Dozen.*

Once behind the backline we attached Lures to our lines as we waited for the rest of the fleet to launch. We decided to troll to Protea in the hope that we might pick up a species which would be valuable in the points count. I caught a Kawa Kawa and once we were at Protea, Werner & Ivor both caught Yellowfin weighing in at 10.2kg each. We spent most of our day Tuna Chunking with missed opportunities. We lost a few good fish to the tax man & TACKLE FAILURE. We were lying 4th in the comp & needed to do some work the following day.

The last day we fished on Watt 4 with PJ Botha as our skipper. We ran straight to Protea and commenced a drift while chunking. On our first drift Ivor lost a fish with the tell-tale sign of the taxman. Our game plan was to troll lures back to the start of the drift & chunk while drifting down. This resulted in me going tight with a Kawa Kawa, soon to be followed by a Yellowfin Tuna. We also tried jigging which I have had success with in the past on Protea however no joy this time round! A little after lunch Werner's reel went off & after a short run he set the drag to strike and was into a yellow fin.

This fish was almost a meal for a large shark which followed the Tuna up to within a metre of the boat. The Yellow fin needed no encouragement & almost jumped straight into the boat. The large Remora attached to the shark had a look of disappointment on his face. PJ had a mark for skipjack and as we needed a third species we left Protea for a 20min ride to this spot. On arrival the sea was boiling with fish jumping. We had a quick on off & thereafter we tried everything to entice a strike to no avail! This was the end of our fishing! Lines UP!

The skippers were excellent & gave it their all for their teams. They unselfishly showed us their methods & we learnt a considerable amount from them. So much so that ever since I have returned home from this trip I have been itching to go Game Fishing. As usual and par for the course at Shelly, Anton Gets & his team provided excellent hospitality & a very well-run interprovincial. My team & I say Thank You & look forward to fishing at SSBC again.

Two points which spring to mind after this comp are:

The First: Be careful to fish with familiar equipment that you know to be reliable. I bought two fancy Twin Drag Reels that have excellent write-ups on the internet and débuted them at this comp. Both of their drags failed. Seized solid! PJ even used pliers without success! This cost me two fish! Never again, from now on I shall stick to the proven & trusted!

The second: is never mind how hard you try sometimes it is not your time. Our Provincial team did not feature in this comp. Like true Sportsman they held their heads up high & showed us how to behave in defeat. Neil told me afterwards that it was a humbling experience. "Neil, Richard & Rory have placed First in this comp & are usually in the mix."

Well Done to Kurt, Abed & Clinton (NDSAA) who took First place & thanks for the tip Kurt! I look forward to putting it to practise!

Lastly, congratulations to my Nomads Teammate's on their first association cap for SGDSAA. Well Done!

Yours in fishing
Tyron



SGDSAA Association Team: Ivor Mathee, Tyron Gruar (Capt.), Werner van Rooyen



Winners NDSAA: Clinton, Abed & Kurt - Black Blazers



Anton Gets awarding Werner van Rooyen and Ivor Mathee with their SGDSAA Association Colours



SGDSAA Association Colours

Rosebowl Inter-club 35th Anniversary

2014 Marks The 35th Anniversary Of The Rosebowl Inter-Club! Going strong since 1979

There is much excitement in the build up to the 2014 Rosebowl. Spirited banter, jeering and challenges were the order of the day as club teams collected their boat packs, enjoyed boerie rolls and a few cold ones at the Guinjata Clubhouse situated on the banks of Victoria Lake.

Hats off to this years hosts "Guinjata" for spoiling us with fantastic boat packs, boerie rolls & great hospitality.

One is reminded by the words of our Club Captain (Mitch Moore) on what a great means this competition has of gathering the Southern Gauteng Anglers together to form friendships.

With mere days to go Clubs are finalising their strategy, refining their game plan, checking tackle & all are hoping for a good result in the Rose Bowl.

Good Luck to Nomads, with such strong opposition it is no mean feat to bring home the Rosebowl.

Rosebowl winners since 2000

2000 - Guinjata	2007 - TSC
2001 - Guinjata	2008 - TSC
2002 - Nomads	2009 - TSC
2003 - Nomads	2010 - ERBFC
2004 - Makaira	2011 - Nomads
2005 - Nomads	2012 - No Award (Blow Out)
2006 - Nomads	2013 - Nomads





1992: Dick Pratt Launching Ivanhoe



1995: D Pratt, R Hart and M Furby caught 3 x 25Kg Sailfish on 6Kg line



1992: Stephen Pratt: 40,7Kg Sailfish on 10Kg line

Dick Pratt gives us some insight into the history of the Rosebowl

In 1978 it was decided, that the former Southern Transvaal province of the South African Ski-Boat Association, should have an Interclub fished annually commencing in 1979. In those days there were three clubs in the Province, namely Nomads, TSC and Makaira. TSC volunteered to purchase a trophy and they purchased the "Rosebowl", literally because it was a good looking piece of silverware but of no real significance.

The first Interclub was fished at Sodwana in February 1979, a tournament which was pretty uneventful as far as the fishing was concerned and the first winner was TSC. This first ever Interclub will forever be remembered by us who fished in it for the catering carried out by Trever Ashington's dad Basil, which most of us, including Trevor thought was awful.

One of the most difficult decisions the Province had to make, was how the Rosebowl would be won by a particular Club as there was, in those days a huge imbalance in the number of boats fishing for the different clubs. This imbalance got bigger during the 1980's; at one point Nomads had over 800 members with 425 boats. Hence the nickname given to the Rosebowl as the "Punch Bowl" as the awarding of it was the source of many an argument at Southern Transvaal level.

In February 1984 the 5th Inter-club was schedule to be held at Sodwana and the Clubs had been taking it in turns to host the tournament and this year was Nomads turn, but as the boats were about to leave for the coast along came Cyclone Demoina, which just about destroyed all the bridges in Zululand and the dirt roads to Sodwana became impassable for some weeks. The Interclub was postponed and fished in May, when the fishing was surprisingly good. In 1987 the South African Ski-Boat Association and the South African Game fishing Association (SASBA and SAGFA) amalgamated to form SADSAA and our province became the Southern Transvaal Deep Sea Angling Association.

Throughout the 80's Nomads won the majority of the Inter-clubs however the rules were configured for the awarding of the "Punch Bowl". For many years the Inter-club was the biggest tournament to be hosted at either Sodwana or Cape Vidal, often exceeding the number entered in the OET and on many occasions special permission had to be sought from the then Natal Parks Board to exceed the boat limits for the resorts.

Over the years we have seen Sodwana at its very worst and its very best. One year early in the 90's there was literally no beach and we had to launch into the Mgobezeleni River from the boat trailers and ride from the road bridge in the boats, directly out to sea at full tide. Another time we arrived at Cape Vidal to see that the ocean had washed the bulk of the beach away and was about 4 metres from the access roadway on to the beach to the new sand level. Other times at both Sodwana and Vidal there has been virtually no bay at all, just sand.

Despite all the arguments about the awarding of the Rosebowl, it has probably been the biggest single unifying factor in the Southern Transvaal province and there has always been great camaraderie at these events, and it has certainly made our province one of the best in South Africa.

How to land a 106kg tuna on 10kg line.



Frank with his 106,75 Kg Yellowfin Tuna caught on 10Kg Line

In Tuna angling the ideal dream had happened to a very good friend of mine. Chris Shield, who fished for the Western Province in the 2011 Tuna Nationals. While trolling an X-rap deep diver he hooked an 84kg tuna on 10kg line and proceeded to land it in two hours and twenty minutes only. Why was it so easy? He caught it on a lure. This specific lure prevents the fish from closing its mouth while constantly irritating the fish. The initial run after the strike is a long one which exhausts the fish. Easy, easy.

When I was asked to write an article on How to catch a 106 kg fish on 10 kg line it took me back to Kosi Bay in the middle 80's. Fishing for big GT's and our secret recipe was to give them the "Cough Mixture". This meant that we dug ourselves into the sand in a sitting/anchoring position and never gave an inch. Doing this improved our catch rate tremendously. Now, how do you give a Tuna "Cough Mixture" on 10kg line? You don't, you can't. You give them "Slow Poison".

Refer to myself and Gary Thompsons' article in the March/April 2011 Ski Boat Magazine "What's the Drag". In this article we tested how the tension on the drag increased as the diameter of the line on the spool decreases. We also looked at

the drag of the water. This drag is increased by the length of line in the water, the curve at which the line is being pulled, the diameter of the line, the speed at which the fish pulls the line through the water, the depth at which the line is dragged etc. The drag of the water plus the constant tension applied by a "fit angler" is the slow poison I am talking about. This must be done in a safe fashion but also as aggressive as possible. Put as much pressure as possible on the fish without taking unnecessary risks.

So what made me land this fish? What was being done correctly from the angler's side?

FIRSTLY: KNOWLEDGE

Knowing exactly what the drag does, spending time on figuring it out and applying it into practice. Experienced anglers set their drags with 3 markings on the reel for all the different scenarios. I have tail wrapped many 60Kg + Tuna before and they usually die a couple hundred meters away from the boat. I would then be able to pull it to the boat. This I did in an absolute controlled manner. The dead weight would be carefully inched closer, no surprises. I would actually sometimes put my finger on the spool, and yes this is a big no no, but over the years I have developed a feel for the line. I know exactly how much pressure I can exert on the fish so after many years of fishing with 10kg line you can get a very good feel for it.

SECONDLY: EXPERIENCE

Towards the end of the fight, the fish would not rise above a certain level. This was due to a thermocline. The weight of the fish was too much to coax him upwards. So what we did was to let out a lot of line and pull him at an angle. This worked and we got him through the thermocline.

While standing on the roof of the vessel (spinning successfully for Longfin Tuna) I saw a team mates' bait-line picked up and dropped twice. I swapped the spinning rod for a bait stick. Not just any bait stick, but an ultra-light one. Armed with only 60lbs fluorocarbon on a very short trace, this was used to trick the "skelm/wily" fish that was doing the short/dropping runs. The bait presentation was also perfect. There was no proud hook. Only a firm, shiny, appetizing chunk of pilchard.

This thin leader played on my mind during the whole duration of the fight. If I had lost this fish I would have probably taken this little secret to my grave. With the fish next to the boat my teammates were astonished when I shouted for them not to touch the leader line. I then revealed the secret much to their amazement.

THIRDLY: FITNESS

When fighting a Tuna on light tackle it is of paramount importance to keep constant pressure on the fish. I have over the years seen anglers get tired and thus allowing the fish to rest. This is never a good ending. No my friend, you have to be really fit and strong. I fought my fish for 6 and a half hrs. After 5hrs both the balls of my feet and lower back was in constant, excruciating pain. I could no longer do the "Black Magic" stand up harness thing. Lowering my body a measly 1cm would result in immense pain. This is also the point where I didn't care anymore. I just wanted to escape this harness trap that was hurting me so much. I then took the rod out of the harness and proceeded to fight the fish with my arms only (biceps). This was a wonderful change (new muscles, no more pain). The poor tuna did not have new muscles to switch to, he had to go with the same fins. Also, the swell miraculously increased much to my advantage. I could now use the swell to pump the fish.

LASTLY: TIME AND FOCUS

I have experienced the situation in previous years where two other anglers were fighting fish for long periods. I would then play a supportive role only. Thus when hooking into this big fish early in the day I informed the team that fighting this fish would be our game plan for the day. This decision proved to be the correct one.

FACTORS THAT CAN'T BE CONTROLLED BY THE ANGLER THAT WENT RIGHT ON THE DAY

1. As said before, the fish was hooked early in the day which left us with enough time.
2. Being able to follow this fish. (When two anglers fight fish in different directions, this becomes impossible to achieve.) We followed this fish for two hours initially. It took 700 – 800m of line on the first run. We eventually covered a distance of up to 7nm before boating this fish
3. Smooth, windless sea. (The weather can sometimes be terrible in the Cape) The swell picked up only in the afternoon, much to our advantage.
4. The anglers position on the boat. I was standing proud on the tongue between the two motors. I did not need to move around, as well as there being no gunnels restricting me. No unnecessary energy was wasted.
5. A stern trawler with net dragging passed us not more than 25m away. This episode started as a small dot appearing on the horizon to a full scale life drama. Between the angler and the skipper we were focused and calm throughout the incident.
6. Many, many Atlantic Blue Sharks swam next to (and even touched) the line on numerous occasions. Once again we stayed absolutely calm.
7. The amount of seabirds were less than usual, this decreasing the overall risk of a bird flying into the line and weakening it. The fish also swam deep, thereby reducing the "proud" line above the water. On most occasions seabirds can make angling miserable.

SUMMARY

In 2007, I had the privilege to be with Nick de kock (legendary Tuna angler) in his house, in Hout Bay. He told me that all his leader lines are 1.8m long because no Tuna grows more than that length, they just grow wider. I always had this knowledge in the back of my head. When my fish measured 1.89m I knew it was going to be special.

Anglers spool line on their reels under tension, but during a 6 and a half hour fight with line going backwards and forwards all the time, the line almost flattens. This is very deceiving because the spool appears to be emptier than what the angler thinks. Towards the end of the fight, the fish was actually much closer than what I anticipated.

I hope some or all of this makes any sense and can be put to good use by fellow anglers.

Yours in angling,
Frank Scholtz

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Recipe of the Month

Cape Malay Pickled Fish

- 1kg Yellowtail, scaled and filleted, skin on coarse salt
- oil for pan frying
- 2 large onions, sliced
- 5 cloves garlic, chopped
- 1 cup grape vinegar
- half cup water
- half cup golden brown sugar
- 2 tsp coriander, ground
- 2 tsp cumin, ground
- 1 tbs masala
- 1 tsp turmeric
- 2 bay leaves
- 4 allspice berries
- 4 cloves
- 8 peppercorns

Method

To firm up the flesh, sprinkle coarse salt on both sides of the fillet and let it stand in the sink for 20 minutes. Rinse under running water and pat dry with a paper towel. Cut the fish in portions with the skin attached. Do not cover fish with flour or butter but pan-fry pieces in oil till cooked through.

To make the sauce, simply boil then simmer the rest of the ingredients together till the onions are cooked but still crisp to the bite (about 7 minutes).

Layer the fish pieces in a ceramic or glass serving dish and cover each layer with the sauce and some onion. Be sure that the last layer is covered with sauce. Let it cool, then refrigerate.

Will keep for a week in a cool place and longer in a fridge. Enjoy!



Cape Malay Pickled Fish

Contributions:
If you have a recipe to share, please email to tyron@act1rentals.co.za

Product Focus

Big Fish eat little fish that swim like a Rapala. A loud Rapala in this case. The Clackin' series extends to the saltwater market with the Clackin' Magnum. Troll slow or fast for unmatched action and sound. Deep-diving lip quickly reaches depth, clackin' all the way with the Signature Clackin' Cadence Rattle.

Rapala



CLACKIN' MAGNUM

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Please see the link below for the Rapala Clackin' Magnum™

<http://www.rapalaworld.com/products/clackin%E2%80%99-magnum>

http://www.youtube.com/watch?feature=player_detailpage&v=Ra1q_Bx5NR0#t=0

Fishing pro shop will give away 2 x Rapala Clackin Magnum to the first Nomads member to visit the shop – Please call Johan before you drop by.

Product available from Johan at the Fishing Pro Shop

Address: Graham Rd, Pretoria 0700

Phone: 012 809 3334

Hours: Monday 8:30 am – 5:00 pm

<http://www.fishingproshop.co.za>

Check this out! Click on the link

Get Hooked

<http://www.billfish.org/video/get-hooked-people-love-fish/>

Marlin on deck

<http://media.theage.com.au/entertainment/weird-week/marlin-hops-aboard-fishing-boat-4872184.html>

Please contribute to our next issue.
Send pics, links and other information to <mailto:tyron@act1rentals.co.za>

